



חזק חזק ונתחזק

Together

MAY WE BE **STRENGTHENED**

Shabbat Shalom!
TBE-mail for October 2 - 8, 2020
14 - 20 Tishrei 5781

TBE WEEK AT-A-GLANCE



Sukkot I (on Shabbat) סוכות ים א' (בשבת)

Leviticus 22:26 - 23:44
Maftir: Numbers 29:12-16
Haftarah: Zechariah 14:1-21

Sukkot II

סוכות ים ב'

Leviticus 22:26 - 23:44
Maftir: Numbers 29:12-16
Haftarah: I Kings 8:2 - 8:21

JTS Torah Online

Friday, October 2 - Erev Sukkot

8:00am [Virtual Morning Minyan](#)
6:00pm Candle lighting time

Saturday, October 3 - Sukkot I

9:30am [Sukkot I Morning Services](#)
10:00am [Shabbat Bachutz](#)
7:06pm Candle Lighting time

Sunday, October 4 - Sukkot II

9:30am [Sukkot II Morning Services](#)

Monday, October 5 - Sukkot III

8:00am [Virtual Morning Minyan](#)

Tuesday, October 6 - Sukkot IV

8:00am [Virtual Morning Minyan](#)

Wednesday, October 7 - Sukkot V

8:00am [Virtual Morning Minyan](#)

Thursday, October 8 - Sukkot VI

8:00am [Virtual Morning Minyan](#)

WORDS OF TORAH FROM RABBI BRAUN

Maybe Failure Is Not So Bad

Just in case you missed it, here is Rabbi Braun's sermon from Yom Kippur services. Click on the button below if you would like to read the transcript or on the image to the right to watch the recording.

Rabbi Braun's Yom Kippur Sermon:
Text Version



SUKKOT

A photograph of traditional Sukkot symbols: a yellow lemon (etrog), green etrog leaves, and palm fronds (lulav) arranged on a yellow surface.

Sukkot Morning Services
October 3 & 4 at 9:30am
Temple Beth El on Zoom

Join Rabbi Braun for the Sukkot I service on Saturday and help us welcome Daniel and Yael Mayer's newest baby, Miriam, into the Jewish family with her baby naming during Sukkot II services on Sunday!

<https://us02web.zoom.us/j/86952516422?pwd=N2ltMjM0bVpTT2hOMjZIZVk4bzZWUT09>

**Shabbat
Bachutz**
AN OUTDOOR
DAVENING
ALTERNATIVE
led by Rabbinic Intern
Lorin Troderman

A photograph of a dirt path winding through a lush green forest, leading towards a bright opening.

October 3
10:00am
@ Jewell Falls



Pre-register
by October 1



Reb Nachman of Bratslav used to pray: רְבוּמָ שֶׁל עַלְמָ Master of the Universe, grant me the ability to be alone; may it be my custom to go outdoors each day among the trees and

grass, among all growing things. May I express there everything in my heart, and may all the foliage of the field — all grasses, trees, and plants — awake at my coming, to send the powers of their life into the words of my prayer ...

Come renew the TBE tradition and join us for an outdoor Shabbat experience as we walk together amidst the local beauty of the greater Portland area. Through niggunin (wordless melodies), zmirot (shabbat songs), psalms, silence, conversation, prayer, and our own words of Torah, we will make our shul the outdoors as we celebrate the created world on this day of rest. No experience necessary. Bring sturdy shoes, a mask, water bottle and an openness for all growing things. We will also have a picnic kiddush together, so please bring your own delights.

Facilitated by Rabbinic Intern Lorin Troderman (lorin.troderman@tbemaine.org); your input is welcome to help make this a meaningful experience for all.

Please RSVP by Thursday, October 1. An email will go out to registered participants on Friday, October 2 with details on where to meet.

[Register for Shabbat Bachutz](#)

Young Families Sukkot Picnic

**Sunday, October 4, 11am-12:15pm
PreK-2nd grade and their families**

Please bring a picnic lunch (water, juice boxes, and packaged snacks will be provided) and a blanket to sit on. The programming is targeted for ages 4-7, but siblings are welcome, as are young families not enrolled in KBE.

We'll do a brief program for the kids, shake the lulav, and then we'll picnic spread out on the lawn and let the kids play.

Coronavirus precautions

1. Meet on the back lawn near the playground and pick out a spot for your family to picnic. We'll gather the kids for programming to start, and then we'll eat. Wear a mask and remove it to eat when your family unit is sitting away from others. The kids can run around and play with each other as long as their masks are back on!
2. RSVP encouraged in advance. Email education@tbemaine.org to let Abby know you're coming!

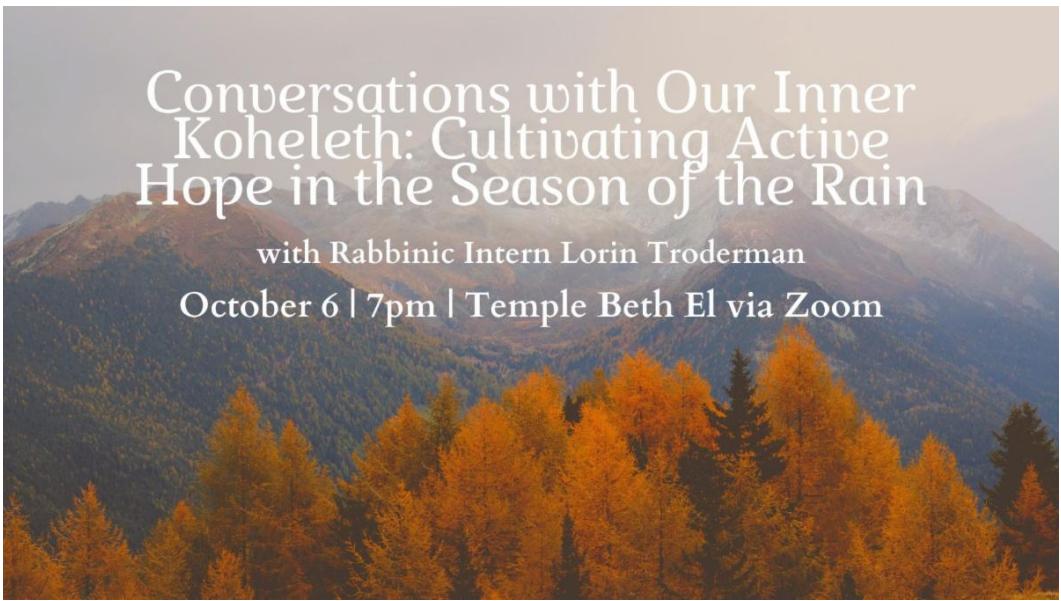
Sukkah Reservations for TBE Members!

We welcome TBE members to reserve a time to sit with your COVID pod (up to 8 people total) in TBE's sukkah in the newly renovated courtyard. There will be a couple of tables with chairs for you to sit at and you are welcome to bring vegetarian food if you would like to share a meal.

Reservations are for 90 minutes and we ask that you please clean up when you're done. The space will be sanitized between uses.



[Click here to view available times and request a reservation!](#)



Conversations with Our Inner Koheleth: Cultivating Active Hope in the Season of the Rain

with Rabbinic Intern Lorin Troderman

October 6 | 7pm | Temple Beth El via Zoom

"All Streams flow into the sea, yet the sea is never full; To the place from which they flow, the streams flow back again." (Ecclesiastes 1:7)

We are all ushpizin (guests) in this Zoom-based interactive evening workshop exploring text from Koheleth (Ecclesiastes) and the work of Dr. Joanna Macy to help us build our fortitude and resiliency for the months ahead. Koheleth is traditionally read during Sukkot and we will lean into this powerful wisdom literature to glean and harvest from this incredulous year's offerings. Please be prepared with pen, paper and an open heart.

October 6 at 7pm. Led by Rabbinic Intern Lorin Troderman. Registration requested.

[https://us02web.zoom.us/j/81284980016?
pwd=Sjh0UWIESUE3QIJXOHF5N3V1cGVvdz09](https://us02web.zoom.us/j/81284980016?pwd=Sjh0UWIESUE3QIJXOHF5N3V1cGVvdz09)

Register Here

Sukkot Coloring Book

Fun for All Ages!

Click for Sukkot Coloring Book

Machzorim Return Times

If you haven't already returned your copy/copies of the Machzor Lev Shalem, Zoe will be in the office until 5pm today. Any copy that is not returned by the end of the day will be charged to your account.

TBE NEWS

Tomorrow

In Memory of RBG: Circle the Courthouse

Join the National Coalition of Jewish Women of Southern Portland and the Maine Women's Lobby for this memorial vigil. There is a custom in many Jewish communities that, at the end of a shiva period—the seven-day period of initial mourning following burial—mourners take a walk around the block to symbolically mark the end of an intensely inward time and a return to the world.

When someone is buried shortly before a holy day, shiva is cut short, so that day is not observed with formal mourning. Because Justice Ginsburg's burial is shortly before the beginning of Sukkot, Friday, October 2 will mark the day for this symbolic ritual shift in our mourning for the first Jewish woman to serve on the US Supreme Court.

We are inviting the Southern Maine community to join us in a symbolic walk around the Federal Courthouse in Portland on Friday, October 2nd, at noon local time. We will convene at Lincoln Park on the corner of Federal and Pearl Streets where Rabbi Carolyn Braun of Temple Beth El will speak. Please wear a mask and take care to social distance during this event.

Tomorrow, October 2, at 12pm at Lincoln Park (near the Federal Courthouse) in Portland. Rabbi Braun will be speaking.

Morning Minyan Zoom Link Update!



We have updated the Brotherhood's Morning Minyan Zoom link to comply with Zoom's current password guidelines.

Starting on Friday, October 2 please use this link to join the Morning Minyan:

<https://zoom.us/j/96181936131?pwd=T29GUDNTN0dveUJldEVWM0k5TGswUT09>

Additionally, if you have a yahrzeit coming up and received a mailer in the last few weeks, that link will no longer bring you to the morning minyan; you must use the link above to join.

Vote!

Have you made a voting plan? If you plan on voting absentee, **Thursday, October 29th at 5pm** is the deadline to request your ballot. The button below will bring you to the website where you can request your absentee ballot or, if you've already requested one, check the status of your ballot.



Share a Story... Share a Photo

There are so many people buried at Mount Sinai and Smith Street Cemeteries whose stories are lost to time. Often, the only thing we have are their names and some dates. How wonderful it would be if we could collect some of their stories and photos! SMJCA will post a photo of a headstone and share what info we have about them. If you have a story, information or a photo, please share them with [us](#).

Today we share the headstone of Machla Sapoll – abt. 1873 – 4/11/1916.

Click [HERE](#) to read more about Machla and her family.

Todah Rabah!

A huge thank you to everyone involved in the massive group effort to bring meaning, joy, and togetherness to these high holidays, especially Tom Berman, Brian Allenby, Joy Krinsky, and Ilana Dew. We are blown away by all of your commitment and talent!

Simchas!

October Simcha List



Upcoming Classes

Sunday, Oct. 4
No KBE - Sukkot Holiday
11am - PreK-2nd Grade Family Picnic

Wednesday, Oct. 7
Intermediate Days of Sukkot
KBE in-person (1st-6th) - 3:30-5:30

KBE Blog

KBE on Facebook

The High Holiday
Shofar is also here!

Click Here to View Shofar



Would you like to borrow a Siddur?

Several congregants have asked if they can borrow a Siddur Lev Shalem to use during Zoom services. If you are interested in having a prayer book at home until we are able to meet again in person, please contact the [office](#) and we can arrange to get one to you.

UPCOMING PROGRAMMING

A photograph of a branch with clusters of blueberries hanging from it, set against a soft-focus green background.

Deep Jewish Ecological Principles to Navigate Our Place in a Changing World

WITH RABBINIC INTERN
LORIN TRODERMAN

OCTOBER 18, 25, & NOVEMBER 1 | 10AM | TEMPLE BETH EL VIA ZOOM

"For the place that you stand on is Holy earth" (Exodus 3:5)

This three week overview will introduce and explore some of the core Jewish ecological principles that frame our understanding of our sacred relationship to the land. We will explore biblical texts and their evolution through the Talmudic, Medieval, Modern and Postmodern eras that continue to cry out for attention as we continue our attempt to reconcile our sacred relationship with the earth today. Middot (norms) covered will include Do Not Destroy יובל, Common Land מגרש, Jubilee Year שmittah, and Release בְּלֶתֶשְׁחִיתָה.

October 18, 25, and November 1 from 10-11am. Facilitated by Rabbinic Intern Lorin Troderman.

<https://us02web.zoom.us/j/83762098383?pwd=Y1dQb2ZoenI4QytndUFrcGlsL01qdz09>

ZOOM LINK CENTRAL

In recent weeks we've added more security measures to safeguard our online gatherings and for most programs we are only including participation links here in the TBE-mail (not posted publicly). You may also request assistance with Zoom link information by emailing office@tbemaine.org.

Here is a list of links to upcoming programs:

Virtual Morning Minyan - 8am daily, except Shabbat and Yontif

<https://zoom.us/j/96181936131?pwd=T29GUDNTN0dveUJldEVWM0k5TGswUT09>

Sukkot Morning Services - Saturday, October 3 and Sunday, October 4 at 9:30am

<https://us02web.zoom.us/j/86952516422?pwd=N2ltMjM0bVpTT2hOMjZIZVk4bzZWUT09>

Conversations with our Inner Kohleleth: Cultivating Active Hope in the Season of the Rain - Tuesday, October 6 at 7pm

[https://us02web.zoom.us/j/81284980016?
pwd=Sjh0UWIESUE3QIJXOHF5N3V1cGVvdz09](https://us02web.zoom.us/j/81284980016?pwd=Sjh0UWIESUE3QIJXOHF5N3V1cGVvdz09)

Shmini Atzeret Morning Services - Saturday, October 10 at 9:30am

[https://us02web.zoom.us/j/82955032458?
pwd=bHRWd2VHZmRRc3h6REowVm5Vb3hrUT09](https://us02web.zoom.us/j/82955032458?pwd=bHRWd2VHZmRRc3h6REowVm5Vb3hrUT09)

Yizkor - Saturday, October 10 at 11:45am

[https://us02web.zoom.us/j/82955032458?
pwd=bHRWd2VHZmRRc3h6REowVm5Vb3hrUT09](https://us02web.zoom.us/j/82955032458?pwd=bHRWd2VHZmRRc3h6REowVm5Vb3hrUT09)

Simchat Torah Morning Services - Sunday, October 11 at 9:30am

<https://us02web.zoom.us/j/89537462468?pwd=eTI5V3hsTEJVL29xcUp5WHNPaiQ4UT09>

A Moment of Healing during Shemini Atzeret with Cantor Nesis - Sunday, October 11 at 4pm

<https://colbycollegejewishlife.regfox.com/a-moment-of-healing-during-shemini-atzeret>

Deep Jewish Ecological Principles to Navigate Our Place in a Changing World - Sundays, October 18, 25 & November 1 at 7pm

<https://us02web.zoom.us/j/83762098383?pwd=Y1dQb2Zoenl4QytndUFrcGlsL01qdz09>

YAHRZEITS



Please note that during this period when we are not able to gather together for regular Shabbat services, yahrzeits being observed by TBE members will be read at morning services Sunday - Friday at 8:00am. You can join the Virtual Morning Minyan on Zoom by clicking [HERE](#), or using the Zoom Meeting ID 98421974937

Sunday, October 4 / 16 Tishrei

William Cohen

Harry Davidson

Koloman Skalina

Monday, October 5 / 17 Tishrei

Sylvia Elowitch

Gertrude Epstein
Maurice Koocher
Katie G. Mersky
Joseph Wolf

Wednesday, October 7 / 19 Tishrei

Morris Isenman
Leonard Robinov
Abraham Rubin
Louis Seavey

Thursday, October 8 / 20 Tishrei

Rose Bartel
Murry Goldberg
Ida Lerman

Friday, October 9 / 21 Tishrei

Carol Dibner
Bernhard Gottschalk
Fannie Whitney Kaplan
Michael Moscowitz
Harry Rice
William Shapiro

HIGH HOLIDAY RESOURCES

Rabbi Braun's Rosh Hashanah Sermon: [For I Desire Kindness](#)

Rabbi Braun's Yom Kippur Sermon: [Maybe Failure Is Not So Bad](#)

Ishay Ribo's [Seder HaAvodah](#)

[Ruth Bader Ginsburg's "Prayer for Country"](#)

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